

LAS ALAZANAS

(Mexico)

Choreography by Dr. Lorenzo A. Trujillo.

Pronunciation: lahs ah-lah-SAH-nahs

Translation: Dance of the Showhorses

Record: Arcano DKL1-3251 LXXV Aniversario Mariachi Vargas de Tecalitlan; Arcano DKL1-3036 El Mejor Mariachi del Mundo B/2 (used in class); ASP Records 6004-A (45) 6/8 meter

Formation: M and W facing, M turned slightly to L, W to R. Wt on ML, WR, ball of MR, WL rests on floor in front of other ft. M clasp hands behind waist, W hold skirt above shldr ht with R hand, L arm bent with skirt held near waist. Upper body bent slightly fwd twd ptr.

Steps: Variations of traditional dance steps of Jalisco.

<u>Meas</u>	<u>Cts</u>	<u>Pattern</u>
1-4		<u>INTRODUCTION.</u> No action.
		<u>I. ALAZANAS SEQUENCE.</u> Ftwk given for M, W do opp., face to face with ptr.
1	+	Step on ball of R
	1	Fall on L with L knee bent.
	+2+3	Repeat cts +1 two more times.
	4	Step R
	+	Step on ball of L. } Can substitute steps on heel (M).
	5	Step on ball of R. }
	+	Step L. }
	6	Step on ball of R. } Can substitute steps on heel (M).
	+	Step on ball of L. }
2	1	Step R.
	+	Step on ball of L. } Can substitute steps on heel (M).
	2	Step on ball of R. }
	+	Step L. }
	3	Step on ball of R. } Can substitute steps on heel (M).
	+	Step on ball of L. }
	4	Stamp R. }
	5	Stamp L. }
	6	Stamp R. } Straighten upper body.
3-4		Repeat meas 1-2 omitting preparatory "+" ct.

LAS ALAZANAS (continued)II. ZAPATEADO BORRACHO (Face to face, moving side to side)

- Same ftwk for M and W.
 Scuff R heel to R.
 1 1 Fall on R to R.
 + Brush L toe diag bkwd.
 2 Drop R heel.
 + Tap L toe behind R.
 3 Drop R heel.
 +4-6 Repeat cts +1-3 with opp ftwk.
 2-3 Repeat meas 1 two more times.
 4 1 Hop on L, extend R leg fwd.
 2 Leap onto R, extend L leg fwd.
 3 Leap onto L, extend R leg fwd.
 4 Step R across in front of L.
 5-6 Pivot on balls of both ft once CCW.
 5-8 Repeat meas 1-4.

III. ALAZANAS SEQUENCE

- 1-4 Repeat Fig I.

IV. ZAPATEADO BORRACHO (Crossing to ptrs pos.)

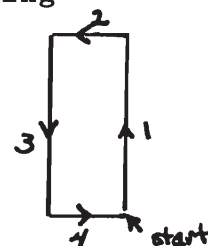
- 1-4 Repeat Fig II., meas 1-4. Pass ptr by L side during meas 1-2 of pattern; curve in a circular path $\frac{1}{2}$ CCW to face ptr during meas 3; face ptr for meas 4.
 5-8 Repeat meas 1-4 crossing back to original side.

V. ALAZANAS SEQUENCE WITH LEAP & CROSSOVER VARIATION

- Same ftwk for M and W.
 1-2 Repeat Fig I. through meas 2, ct 3.
 2 4 Turn slightly L and pushing off from both ft, leap on R to R, extend L leg low to L side, changing places with ptr, passing face to face.
 5 Step L behind R) Continue turning L to complete
 6 Step R to R) $\frac{1}{2}$ turn to face ptr.
 3-8 Repeat meas 1-2 three more times.

VI. SCUFF STEP

- Same ftwk for M and W.
 1 1 Turn body to face L, bend slightly fwd at waist, stamp L.
 + Scuff R heel slightly in front of L, lift L heel.
 2 Lower L heel, straighten body, turn $\frac{1}{4}$ CW, R leg describes a bkwd circle.
 3 Scuff R heel fwd.
 4 Step R fwd.) Ptrs change sides, passing L shldr.
 5 Step L fwd.)
 6 Scuff R heel fwd.
 2 1-2 Repeat meas 1, ct 1-2 with opp ftwk, except on ct 2 turn $\frac{1}{4}$ L (CCW).
 3-6 Repeat meas 1, ct 3-6 moving bkwd and completing $\frac{1}{2}$ turn CCW.
 3-4 Repeat meas 1-2 to return to original pos.
 Floor pattern is a narrow rectangular path:



69

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Pronunciation:

Record: Arcano DKL1-3251 LXXV Aniversario Mariachi Vargas
de Tecalitlan 6/8 meter.

Formation: M and W dance side by side, or facing one another,
and can add movements of crossing sides.

Steps: Variations of traditional dance steps of Jalisco.

Meas

Pattern


- 1-2 I. INTRODUCTION. No action
- 3-10 II. Alazanas Sequence
*1 - Step on ball of L ft.
2 - Step on R ft.
3-6 - Repeat 1-2, twice.
7 - Step on L ft.
8 - Step on ball of R ft.
9 - Step on ball of L ft.
10 - Step on R ft.
11-16 - Repeat 8-10, alternating ftwk.
17-18 - Step L,R.
Repeat from * three more times.
- 11-18 III. *1 - Leap onto L ft.
2 - Brush ball of R ft diag back and tap floor twice.
Repeat three more times.
Spin once to L.
Repeat from *, ending with spin.
- 19-22 IV. Do Alazanas sequence two times.
- 23-30 V. Repeat step sequence of Fig III.
- 31-38 VI. Alazanas sequence with variation:
Do step as shown in Fig II except for the following:
16 - Leap to the R stepping on R ft.
17 - Step on L ft.
18 - Step on R ft.
- 39-46 VII. 1 - Step on L ft.
2 - Hop up, hit-brush with R heel crossing it diag
in front of L ft.
3 - Hit-brush R heel bringing it back to its place.
4 - Step on R ft.
5 - Walk on L ft.
6 - Walk on R ft.
Repeat three more times.

LAS ALAZANAS (continued)

- 47-50 VIII. Alazanas sequence with variation
1 - Step on ball of L ft.
2 - Step on R ft.
3 - 6 Repeat 1-2, twice.
7 - Spin to L.
8 - Spin to L.
9 - Step on L ft.
10 - Step on R ft.
11 - Step on L ft.
Repeat once
- 51-58 IX.*1 - While hopping on L ft, raise R knee and move R ft
in a small circle keeping knee bent.
2-3 Repeat above.
4-6 While hopping on R ft, raise L knee and move L ft
in a small circle keeping knee bent.
Repeat two more times.
Continue hopping on L ft and spin to R, holding
R ft in front of L knee.
Repeat from *, except beg with hopping on R ft.
- 59-64 X. Do Alazanas sequence (Fig II) three times.
- 65-66 XI. Ending:
1 - Step on ball of L ft.
2 - Step on R ft.
Repeat two more times.
1 - Pause
2 - Spin to L.
3 - Pose and end with step on R ft.
4 - Step on L ft.

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LAS ALAZANAS (continued)

- 5-8 Repeat meas 1-4.
Variation: Step can be done moving side to side,
face to face with ptr. 

VII. ALAZANAS SEQUENCE WITH TURN VARIATION FOR W



- 1-4 M: Repeat Fig I.
1 1-3 W: Repeat Fig I., meas 1, cts 1-3.
4-6) Turn two times CCW in place with six buzz steps
2 1-3) (or six walking steps).
4-6 Repeat Fig I., meas 2, cts 4-6.
3-4 Repeat meas 1-2.

VIII. "ATOLE" STEP

- Same ftwk for M and W.
1 1 Step L, raise R knee and move R lower leg from the
knee in small circle CW.
2-3 Hop twice on L, continue to circle leg.
4-6 Repeat cts 1-3 with opp ftwk and dir.
2-3 Repeat meas 1 two more times.
4 1-3 Repeat meas 1, cts 1-3 turning $\frac{1}{2}$ CW in place.
4-6 Hop three more times on L, complete CW turn.
5-8 Repeat meas 1-4 with opp ftwk and direction.

IX. LAS ALAZANAS SEQUENCE WITH ENDING

- Ftwk given for M; W opp.
1-6 Repeat Fig I., meas 1-2 three times.
7 1-3 Repeat Fig I., meas 1, cts 1-3.
4-6 Pause in music, hold pos.
8 1 Step L across in front of R, bending upper body
slightly fwd.
2-3 Pivot on balls of both ft $\frac{3}{4}$ CW, straighten body.
4 Step L across in front of R (moving sdwd twd ptr).
5 Stamp R to R, striking pose (M slightly behind W,
he bends slightly fwd to look around at W, she
looks at M).
6 Hold.

Use of Skirt: On side to side steps (Figs II, IV, VI), hand follows leading ft in "up and over" motion . On the 3 stamps that end each Alazanas sequence, both hands come in, up, and out together: . On full turns (pivot in Fig II, Fig VII), the arms are held out to the sides and moved in a windmill fashion. On the first half of a L turn, the L arm leads the body up and slightly back, and on the second half of the turn, the R arm leads the body downward. The visual result is a full circle of billowing skirt behind the head and arms of the dancer. On Fig VIII and final pose, both hands are held at or above shldr ht.

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Notes revised by Alana Hunter and Vina Cera.